

Effective Communication for Managers and Leaders

...an in-house workshop we'll tailor for your company.

Powerful Communication is essential to being an effective manager and leader - improving both performance and engagement. Change maven Lea Belair and transformational leadership Executive Coach Liz Dallas, of the Coaching Center of Vermont, will help your team members to take on the tough issues around showing up strong in their communication.

Participants will learn how to:

- Get the point across and make it memorable
- Use bottom line language that match company initiatives
- Be more confident and come from 'certainty'
- Use passion to influence and inspire others
- Know when to stop talking
- Intentionally build relationships

Here are some testimonials from former participants:

"I think the biggest take away for me was the presentation of how I sit/stand during meetings and really focusing on that. I have already seen it in action during an afternoon meeting today! To me this makes the training worth every minute."

"The biggest take away for me was the reminder of how important body language is when speaking with an individual or group of people. Conducting effective meetings can be challenging at times, so it was great to hear some ideas on how we can be more powerful when in these settings."

"Even though the training session yesterday was about powerful communication, it was clear to me that it actually ended up being so much more. The simple act of taking small groups of people who might not have ever met before and allowing them to talk to each other and learn about their piece of the puzzle is an incredibly powerful and effective way to share knowledge, gain respect, and grow as a company internally."

"As a result of yesterday's training, our group will be having monthly lunch meetings to just check in, support and hang out! My action item from the end of yesterday's session had to do with a meeting I was having with my boss this morning and everything I took away from yesterday's training literally made this the best meeting we've ever had together!"

To learn more about this or other programs, please contact Kitty Martin at The Coaching Center of Vermont at (802) 654-8787, or kitty@coachingcenterofvt.com.



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